

Newsletter of the Hualapai Tribe

Friday, September 20, 2019
Issue #19

Community Notice • Important Per Capita Update Submitted by: April Siewiyumptewa | Hualapai Tribal Administration

Community Notice

Important Notice

Per Capita checks for 2019 will be handed out at the GYM on November 25th, 2019 from 8am-Noon. If you miss this distribution then your check will be mailed.

As always, please bring proper ID to pick up your check. If you come with no ID your check will be mailed. You may use State issued ID's as well as Tribal ID's.

You will only be allowed to pick up your check. You will not be permitted to pick up a check for family member, spouse, or children over 18 yrs. old.

There will be no minor Per Capita checks distributed as 100% of the funds for the minors have been placed into the Trust.

Those owing loans to the Tribe will have up to 20% of your distribution garnished to pay for these loans. This is only for Tribal loans not court ordered garnishments. For court ordered garnishment questions, please contact the court.

Please be sure to contact the Tribal Office to check your address <u>before</u> the checks are mailed. Deadline for address updates is October 15, 2019. Address changes after the deadline may have delayed mailing.

For any questions please contact April Siewiyumptewa or Finance Director Wanda Easter at (928)769-2216.

Thank you.

Glen Canyon Dam Tribal Survey • September 23rd - 25th
Submitted by: Peter Bungart | Hualapai Department of Cultural Resources

Glen Canyon Dam Tribal Survey

Mr. Lucas Bair of the U.S. Geological Survey will be in Peach Springs on September 23-25 to conduct surveys on Hualapai Tribal Members values concerning the Colorado River. He will be at the following locations to conduct the surveys:

Cultural Center 2:00 - 4:00 PM September 23 (Monday)

Training Center 10:00 AM - Noon September 24 (Tuesday)

Cultural Center 3:00 - 5:00 PM September 24 (Tuesday)

Senior Center 1:00 - 3:00 PM September 25 (Wednesday)

Compensation of \$40 will be paid to the first 35 community members who take the survey at each location.

Snack and drinks provided.

Questions, please contact Lucas Bair lbair@usgs.gov or 928-556-7362



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Special points of interest:

PLEASE NOTE that the Hualapai Tribal Departments will be closed on the following date:

Friday, September 27th (Native American Day)

- ◆ Regular Tribal Council Meeting will be on Saturday, October 5th at 8:01AM in the Hualapai Tribal Chambers.
- ◆ HTUA Board Meeting will be on Wednesday, September 25th at 9:00AM at Hualapai Health, Education & Wellness Department.
- ◆ TERC Meeting will be Wednesday, October 16th at 10:00AM at the Department of the Cultural Resources.

PAGE 2 GAMYU

Hualapai Housing Department • Music Mountain and Milkweed Parks Notice
Submitted by: Freddy Watahomigie | Hualapai Housing Department



HUALAPAI HOUSING

Hwal'bay Ba:j Wayo:wo'jo 600 Highview Street & P.O. Box 130 & Peach Springs, Arizona 86434 Phone (928) 769-2274 Fax (928) 769-2703



!!!ATTENTION!!! MUSIC MOUNTAIN COMMUNITY BOX CANYON COMMUNITY MILKWEED COMMUNITY PEACH SPRINGS COMMUNITY

Hualapai Housing Department has renovated Music Mountain and Milkweed Parks. The cost of the renovations for the parks, we could have built 2 new houses. Hualapai housing thought of the Hualapai community and proceeded with renovation of these parks because Peach Springs had lost one park and has not replaced this park as of today.

It has come to Hualapai Housing Department's attention that the Music Mountain and Milkweed parks have been vandalized; vandalism that was done at Music Mountain Park is the same type of vandalism is now being done at Milkweed Park! This has been slowly happening since we opened the park up in January. We have been fixing the park, as the damages have been reported to HHD. This is a health and safety issue for community members that are going to the park.

This past Labor Day weekend has been the worst weekend for damages at Music Mountain Park, Which brings us to the point of thinking about closing the parks down. We have Hualapai Housing Security patrolling these parks but damages still occur, we need the communities of Music Mountain and Milkweed residents, community members that go to the parks to please help watch out for these parks. Speak up! These are our parks that belong to all of the Hualapai community members here in Peach Springs.

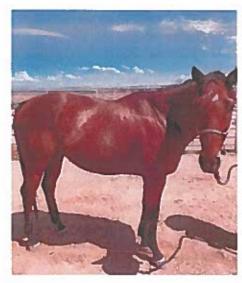
If and when we find out who is vandalizing the parks we will charge them/parents and can lead up to eviction of their home.

Grand Canyon Resort Corporation • Open Horse Auction

Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

HORSE AUCTION

The Grand Canyon Resort Corporation is auctioning horses.



Auction Opens: September 9, 2019 Auction Closes: October 3, 2019 Announcement: October 4, 2019

REQUIREMENTS:

- A minimum bid of \$2500
- Bid must be received by 5PM on Oct. 3, 2019

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Name of Horse
- Full Name
- **Contact Number**
- Amount of bid, no less than \$2500

HITMAN

- Breed: Quarter Horse •
- Color: Bay
- Sex: Gelding
- Age: Approx. 11
- Has been trained
- Needs some ground •
- work
- Approachable
- Slight attitude
- Needs riding time
- Buyer is responsible for picking up horse
- If we need to deliver. there is a \$350 charge



Auction Opens: September 9, 2019 Auction Closes: October 3, 2019 Announcement: October 4, 2019

REQUIREMENTS:

- A minimum bid of \$1200
- Bid must be received by 5PM on Oct. 3, 2019

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Name of Horse
- Full Name
- Contact Number
- Amount of bid, no less than \$1200

BULLWINKLE

- Breed: Quarter Horse •
- Color: Grulla
- Sex: Gelding
- Age: Approx. 13
- Line Horse
- Needs time on back
- Approachable
- Friendly
- Buyer is responsible for picking up horse
- If we need to deliver. there is a \$350 charge

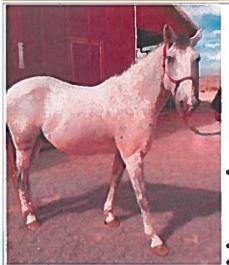
BIDS MAY BE MAILED TO:

Grand Canyon Resort Corporation Attn: Horse Auction PO Box 359 Peach Springs, AZ 86434

OR HAND DELIVERED TO:

Administrative Office -Procurement Department in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to request info. For more information, you may contact the Hualapai Ranch at (928) 769-2627 ext.451



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Please submit your bid, along with the following information:

- Name of Horse
- Full Name

- Contact Number
- Amount of bid, no less than \$1200

HURRICANE

- Breed: Mustang
- Color: Gray
- Sex: Gelding
- Age: Approx. 15
- Very high strung
- · Likes to go and not slowly
- Has an attitude
- Needs lots of work
- Buyer is responsible for picking up horse
- If we need to deliver, there is a \$350 charge

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Grand Canyon Resort Corporation Attn: Horse Auction PO Box 359 Peach Springs, AZ 86434

OR HAND DELIVERED TO:

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IMPORTANT DATES FOR THE GAMYU NEWSLETTER

Please note the articles deadline for the upcoming issue and remember to attach an Information Sheet with your articles. No ANONYMOUS submissions. For latest and archived issues of the Gamyu newsletter, please go to: http://hualapai-nsn.gov/gamyu-newsletter/

ARTICLE DEADLINE: Monday, September 30TH

DISTRIBUTION DATE: Friday, October 4TH



Hualapai Recreation: Movie Night • Friday, Oct. 11th Submitted by: Danielle Bravo | Hualapai Planning Department PAGE 5 GAMYU

Hualapai Strategic Prevention: Basket Class • Friday, September 20th
Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

HUALAPAI STRATEGIC PREVENTION



Basket Class

September 20, 2019 4-5p Hualapai Health Education and Wellness Center

Are you interested in learning how to make a basket? Join us on September 20, 2019 for a demonstration.

Basketry is an art that is practiced by a few tribal members.

Refreshments will be available.

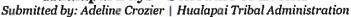
For more information, call Jessica Powskey at (928) 769-2207





Hualapai Health education and Wellness Center 488 Hualapai Way Peach Springs, AZ 86434 (928) 769-2207 PAGE 6 **GAMYU**

Hualapai Days • Schedule of Events





Hualapai Days Schedule of Events

Hakđagwi:va ba:j bay đigava

Monday, September 23, 2019

Wear Your Native Bling Day

Tribal Elder Blessing/ Prayer 11:00 am- 1:00 pm

Location: Route 66 Park

Hualapai Veterans Posting of Colors

Location: Route 66 Park

History of Hualapai/Dance Presentation **Cultural Resources**

Location: Route 66 Park Dasvik & Wisto Game

Cultural Resources Location: Cultural Center

Lunch 12:00 pm

6:00 pm

3:00 pm

Location: Route 66 Park

Chair Volleyball Registration **Employees Working for Health** 5:30 pm **Please see Fiver for more info**

Location: Tribal Gym

Please see Fiver for more info

Juvenile/Adult Detention

Tuesday, September 24, 2019

Rock Your Mocs Day

5:30pm	Baby Contest	Monique Alvirez, Brooke Powskey, Jackie Marshall
5	Location: Tribal Gym	**Flease see Flyer for more info**
	Mr./Ms. Hualapai Days	Monique Alvirez, Brooke Powskey, Jackie Marshall
	Location: Tribal Gym	**Please see Flyer for more info **
	Mr./Ms. Elder Hualapai Days	Monique Alvirez, Brooke Powskey, Jackie Marshall
18.0	Location: Tribal Gym	**Please see Flyer for more info **
5:30 pm	Fry bread Making Contest	Hualapai Pageant Committee
	Location: Outside Tribal Gym	**Please see Flyer for more info**
	Chili Bean Making Contest	Hualapai Pageant Committee
	Location: Outside Tribal Gym	**Please see Flyer for more Info**
5:30 pm	Men's Horseshoe Tournament	HDNR-Blake Watahomigie

Wear Your Native Belt/Cape, Vest/Skirt Day Wednesday, September 25, 2019

Bird Singing/Dancing Contest Goldie Havatone 6:00 pm

Location: Tribal Gym **Please see Fiver for more info**

Hand drum Contest Goldie Havatone Location: Tribal Gym **Please see Fiver for more info**

Thursday, September 26, 2019 **Native Attire Day**

Location: Pits across Tribal Court

Employees Working for Health 5:30 am Fun/Run Walk

Location: Rodeo Circle **Please see Fiver for more info** Community Parade Youth Services

Location: Diamond Creek Road **Please see Flyer for more info**

Grand Canyon Resort Corporation Community Dinner 5:00 pm Location: Tribal Gym

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Hualapai Days Schedule of Events

Friday, September 27, 2018

NO WORK! ENJOY YOUR WEEKEND!

9:00 am

Women's Horseshoe Tournament Location: Pits in front of Tribal Court HEW- Vonda Beecher
Please see Flyer for more info

Hualapai Days Indian Rodeo

Will be help at 4H/Agriculture Facility (Off Route 66)

**Please see Flyer for more info

Hualapai Days: Dress Week • September 23rd - 27th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Day's Dress Week NATIVE BLING DCK YOUR MOES WEAR YOUR BELT/CAPE WEAR YOUR VEST/SKIRT NATIVE ATTIRE

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Hualapai Days: Chair Volleyball • Monday, September 23rd
Submitted by: EW4H | Hualapai Employees Working for Health



Chair Volleyball TOURNAMENT

Monday, September 23, 2019

5:30PM

Hualapai Tribal Gym

(930 Rodeo Way, Peach Springs, AZ)

1ST & 2ND
PLACE
AWARDS



Teams can register with the Hualapai Employees Working for Health- Fitness Center-Stop by or call 769-2644. Registration is open until the day of event before 4pm. PAGE 9 GAMYU

Hualapai Days: Beading and Sewing Class • September 23rd - 25th

Submitted by: Shaundeen Bear | Hualapai Health, Education & Wellness

Hualapai Days

Beading & Sewing Class Come Joing Us In Making Some Creative Native Wear!

All Classes Will Be At The Health

Department In the Large Conference Room

Sewing Class - September 23rd & 25th, 2019

(bring your own material, ribbon, and elastic)

Beading Class - September 24th, 2019

All Classes will start @ 1pm

For More Information: Contact
Shaundeen Buffalo

Phone: (928) 769 - 1630

Email: sbear@hualapai-nsn.gov



Hualapai Youth Council Fundraisers • September 24th - 25th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Youth Council Fundraiser

Tuesday Sept. 24
Tribal Gym
5:00 p.m. – Sell Out
\$5.00 Nacho Supreme
\$6.00 with soda



Wednesday Sept 25
Tribal Gym
6:00 p.m. – Sell Out
\$6.00 Green Chili Chicken Soup
\$7.00 Pork Green Chili Nachos

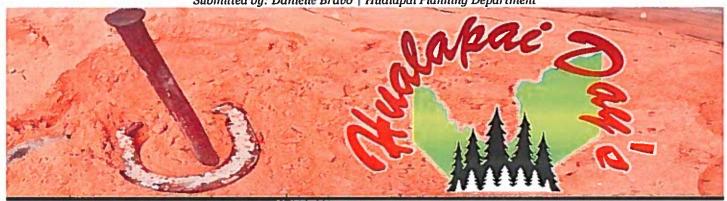


Fundraising will be held at the Tribal Gymnasium during the Hualapai Days Events.

Come support the Hualapai Youth Council. All profits are going toward 2020 UNITY Washington D.C.

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Hualapai Days: Men's Single Horseshoe Tournament • Tuesday, September 24th
Submitted by: Danielle Bravo | Hualapai Planning Department



Hing of the Rez WEN'S SINGLE HORSESHOE YOURNAMENT

Tuesday, September 24, 2019
Horseshoe Pits (across Courthouse)
Peach Springs, Arizona
5:30 PM

1st Place: \$300.00

2nd Place: \$200.00

3rd Place: \$100.00

4th Place: \$50.00



SIGN UP AT HUALAPAI NATURAL RESOURCES DEPARTMENT (FRONT OFFICE) BEFORE MONDAY, SEPTEMBER 23, 2019 PAGE 11 GAMYU

Hualapai Days: Hand Drum, Bird Singing & Dancing Contest • Wednesday, September 25th
Submitted by: Danielle Bravo | Hualapai Planning Department



1st, 2nd, 3rd & 4th Place

"CASH PRIZES"

Categories

Tiny Tots: 0-7 Years

Jr Teens: 8-12 years

Teens: 13-18 Years

Adults: 19-54 Years

Golden: 55 & Older

6:00 PM @ Tribal Gym

Sign-up open @ 4:00pm & close promptly @ 5:30 pm.

(NO EXCEPTIONS)

For Info. contact Goldie Havatone @ 520-334-0867

Hualapai Days: Native Attire • Thursday, September 26th
Submitted by: Danielle Bravo | Hualapai Planning Department

Come Together to Celebrate



Hualapai Days

Wear your Native Attire on Thursday, September 26, 2019.

Inviting all departments: Surprise Visitors will be coming!!

GS, ARIZ

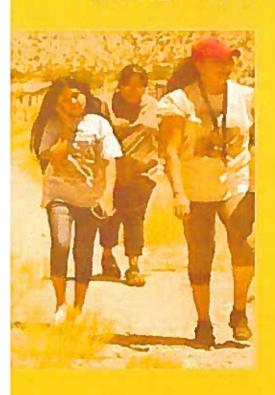
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Hualapai Days: 2 Mile Fun Run/Walk • Thursday, September 26th
Submitted by: Shaundeen Bear | Hualapai Health, Education & Wellness

HUALAPAI DAYS 2 MILE FUN RUN/WALK







SEPT. 26 THURSDAY 5:30 AM JUST COME OUT! FIRST 100 RECEIVE INCENTIVE START AT 66 PARK, CROSS THE RAILROAD TRACKS, :AROUND RODEO CIRCLE

EVERYONE WELCOME

Questions Call EW4H @ 769-1630/2644

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Hualapai Days: Parade • Thursday, September 26th
Submitted bu: Adeline Crozier | Hualapai Tribal Administration

Hakdawi:va ba:j bay digava Coming Together as One

Parade



1st, 2nd, 3rd Place Trophies

Thursday September 26, 2019 @ 3:00PM

Line up begins at end of pavement North on

Diamond Creek Rd. and ends at Tribal Gym.

Entry Deadline: Wed. 9/25 3:00PM



Pickup and return parade entry forms from the Youth Services Office, Health Education & wellness Center 488 Hualapai Way, Peach Springs, AZ Phone: 928-769-2207

Email: ckoyayesva@hualapai-nsn.gov



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2019 HUALAPAI DAYS PARADE

Hakdagwi:va ba:j bay digava



Thursday, September 26, 2019 Begin at Diamond Creek Road End at the Tribal Gym PARADE STARTS AT 3pm

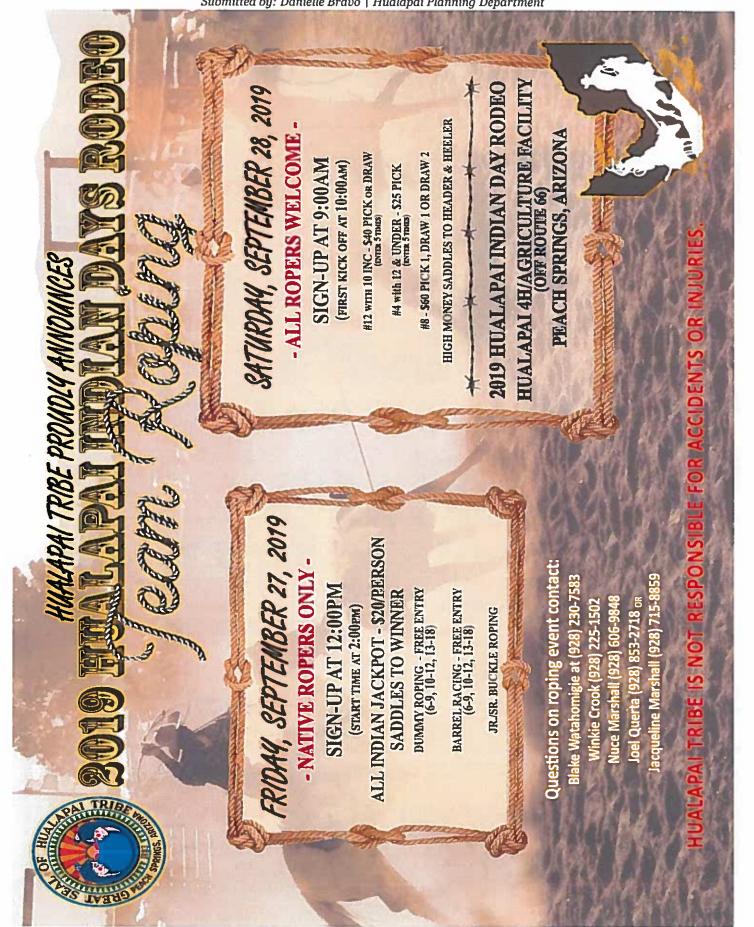
Parade Entry Form

Please select which type of parade entry you will have:

Walkers Vehicle	Float	Color/Honor Guard
Group/Organization Name:		
Contact Person:		
Phone Number:		
E-Mail Address:		
Thank you for your interes	st and support of the H	(ualapai Days Parade 2019
FLOAT PREP BEGINS AT 2:00		IING OF DIAMOND CREEK
LINE	<u>ROAD</u> : UP BEGINS AT 2:30	PM
Please return parade entry form to Youth Services Cotton Koyayesva HEW Building 928-769-2207 Ext: 243/201		OF HUATON AND TRIBET THE PROPERTY OF THE PROPE
For Youth Services Use Only. Date Received:	Received by:	
Date Confirmed:	Confirmed by:	Entry #

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Hualapai Days: Team Roping • September 27th - 28th
Submitted by: Danielle Bravo | Hualapai Planning Department



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Hualapai Home Visitation Presents Sensory Play • Monday, September 30th
Submitted by: Carmella Fuentes | Hualapai Home Visitation



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Hualapai Recreation Bingo Night • Thursday, October 10th
Submitted by: Danielle Bravo | Hualapai Planning Department

Hualapai Recreation Invites you to



Hualapai Gym
Thursday October 10, 2019
@ 6:00 PM
Concession will be open

For more information contact Recreation @ 928-769-2652



Western Native Youth Food Sovereignty Summit • October 18th - 20th Submitted by: Teresa Honga | Intertribal Agriculture Council, Western Region

SAVE THE DATE

Western Native Youth Food Sovereignty
Summit

Planting the Post in the Future

October 18-20, 2019 Camp Verde, AZ Yavapai Apache Nation

APPLY AT INDIANAG.ORGIYOUTH

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UA Beginning Rancher Training • Saturday, October 19th
Submitted by: Elisabeth Alden | Hualapai Department of Natural Resources - U of A Extension Office

UA Beginning Rancher Training

Live Cattle Demonstrations of Weaning Vaccinations, Selecting Replacement Heifers and Value-Added Protocols

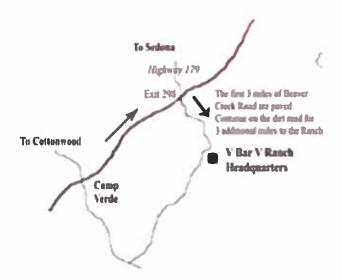
October 19, 2019 (Saturday)

V bar V Ranch Headquarters 4005 N. Forest Road 618 Rimrock, AZ 86335

Questions: Contact Russ Tronstad at tronstad@email.arizona.edu or 520-621-2425

To have a lunch, register by October 16th using the Qualtrics link of:

https://uarizona.co1.qualtrics.com/jfe/form/SV_2iCnEQzdvfDd5OZ



AGENDA

9:00 - 9:30 am Registration

9:30 – 9:45 Beginning Rancher Trainings / Introductions

9:45 – 10:15 Low Stress Handling Practices for Cattle

10:15 – 11:00 Live Cattle Selection and Evaluation of Replacement

Heifers

11:00 - Noon Demonstration of Two Different Weaning Vaccination

Protocols for V bar V Calves

Noon – 1 pm Lunch (provided)

1:00 – 2:00 Value-Added Protocols for Marketing

2:00 – 2:30 Closing Remarks / Evaluations

Sponsored by:





United States
Department of
Agriculture

National Institute of Food and Agriculture







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Hualapai Department of Cultural Resources • Request for Bids for Hualapai Language Consultants Submitted by: Peter Bungart | Hualapai Department of Cultural Resources



Hualapai Department of Cultural Resources

P.O. Box 310

Peach Springs, Arizona 86434 Office: 928.769.2223 FAX: 928.769.2235

The Department of Cultural Resources is requesting bids for fluent Hualapai language consultants to assist with the Head Start Language Program. Services will be on a part-time, on-call basis. Qualified consultants will teach students the Hualapai language in the Head Start classroom and assist with curriculum development. Training will be provided as necessary.

If interested, submit your bid in writing to the Department of Cultural Resources by September 30, 2019. Your bid should include a proposed hourly rate. Consultants must have a current Arizona Department of Public Safety Fingerprint Clearance Card or be able to qualify for one. For additional information, call Jorigine Paya (Language Program Manager) at (928) 769-2223.

Become a Census Worker • 2020 Census

Submitted by: Kevin Davidson | Hualapai Planning Department





BE A CENSUS TAKE

APPLY ONLINE! 2020census.gov/jobs

WE CAN

2020 Census Jobs provide:

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

For more information or help applying, please call 1-855-308-2020

Federal Relay Service: 1-400-877-8339 TTV/ASCII

The U.S. Consus Burnary is no Ecoual Deposituality Econic





APPLY ONLINE! 2020census.gov/jobs

2020 Census jobs provide:

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

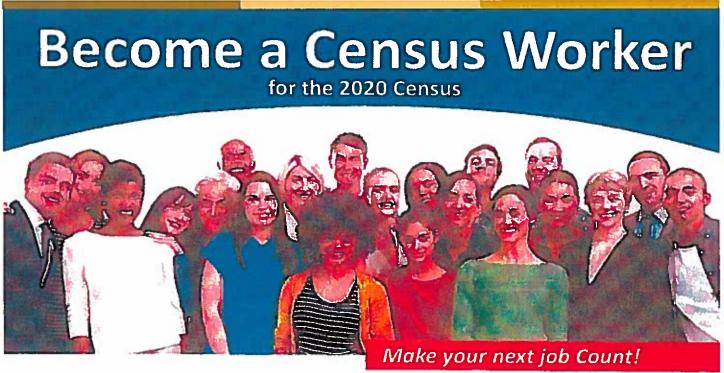
For more information or help applying, please call 1-855-JOB-2020

Federal Relay Service: 1-800-877-8339 TTV/ASCE





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The 2020 Census will count all the people living in the United States of America. We need your help!



2020census.gov/jobs

Positions including;

- clerks
- recruiting assistants
- office operations supervisors
- census field supervisors
- · census takers

The positions will be located nationwide and offer flexible work hours, including daytime, evenings and weekends.

A partial job description for Enumerators is below.

ENUMERATOR

- Use automated smart phones or laptop computers to conduct job activities.
- Review assigned work to locate households for verifying addresses and/or conducting interviews.
- Conduct interviews with residents in assigned areas by following stringent guidelines and confidentiality laws.
- Explain the purpose of the census interview, answer respondent's questions, collect information following a script, and record census data using devices and/or paper forms.
- Update address lists and maps.
- Validate address and map updates for quality purposes.
- Follow procedures to conduct accurate work while maintaining acceptable production rates.
- Maintain and submit records of hours worked, miles driven, and expenses incurred in the performance of duties.
- Meet/talk with supervisor, as necessary, to review procedures, report issues or concerns, and receive additional instructions.







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Hualapai Tribe • Current Job Postings

Submitted by: Coleen Mahone | Hualapai Tribe





OPEN COMPETITIVE

	Job Title	Pay Rate	Opening Date	Closing Date
A shall the Leville or			7.70	W= 142
Adult Detention	Administrative Assistant	\$14.00 - \$ 16.00/Hr.	September 11, 2019	September 24, 2019
Cultural Resources	Head Start Language Program Manager	D.O.E.	September 18, 2019	Open Until Filled
Emergency Services	Firefighter/EMT-Basic	D.O.Q.	March 19, 2019	Open Until Filled
	Firefighter/Paramedic	D.O.Q.	March 19, 2019	Open Until Filled
Finance Department	Finance Assistant Director	D.O.Q.	April 03, 2019	Open Until Filled
Game and Fish	Secretary	D.O.E.	September 11, 2019	September 20, 2019
Health Department		D.O.E.	May 03, 2019	Open Until Filled
	Media Specialist (Part-time)	\$ 12.50 per hour	May 10, 2019	Open Until Filled
	Resident Advocate	\$10-\$15/Hr. ; D.O.E.	January 22, 2019	Open Until Filled
-	Youth Services Assistant	D.O.E.	September 11, 2019	September 24, 2019
Juvenile Detention	Correctional Officer I, II and III	\$16.00 - \$18.00/Hr.	July 22, 2019	Open Until Filled
	Food Service Worker	\$9.00 - \$10.00/Hr.	September 4, 2019	Open Until Filled
	Assistant Administrator	D.O.E.	September 11, 2019	September 13, 2019
Planning	Chief Building Official	D.O.Q.; \$26.00-\$30.00/Hr.	July 11, 2019	Open Until Filled
Police Department	Police Officer (Certified)	\$39,520/Yr. to \$47,840/Yr.	December 06, 2018	Open Until Filled
Public Services/Roads	Road Maintenance 1	\$12.50 Hr.	September 11, 2019	September 24, 2019
Social Services	Shelter Advocate	D.O.E.	September 11, 2019	September 24, 2019
	Case Worker	D.O.E.	September 18, 2019	October 02, 2019
	INTERNAL ONLY (For Current Tribal Emplo	l yees Only) 3 DAYS IN	I-HOUSE	
Head Start	Assistant Teach (Full-time)	D.O.E.	September 18, 2019	September 20, 2019
House state	Manager 100cm from mine)	U-V-L-	36DIGITIOS: 10, 2017	Sepidinuer ZV, ZVI 7

Head Start	Assistant Teach (Full-time)	D.O.E.	September 18, 2019	September 20, 2019
Public Services	Road Maintenance II (2 Positions)	D.O.E.	September 18, 2019	September 20, 2019

FOR A COMPLETE JOB ANNOUNCEMENT PLEASE PICK UP AT THE TRIBAL ADMINISTRATION OFFICE OR VISIT OUR WEBSITE AT HUALAPAI-NSN.GOV

*** Please see Job Announcement(s) for more detail, you must meet all minimum qualifications as required on the job announcement in order for HR to send your application to the department for further review.

Please read the job announcement and make sure to put the Experience, Training and Education with your employment application.

To work for the Hualapai Tribe, you minimally need to have the following:

- * A High School Diploma or GED
- *** Please submit a copy of your HS and/or GED with your application. This needs to be submitted in order for your application to be sent to the department. Transcripts will be accepted as well.
- * A Valid Driver's License
- * Must submit to and pass a pre-employment drug/alcohol screening
- * AZ Clearance Card

For Employment with the Hualapai Tribe, please fill out an Employment Application and return to the Human Resources office. Preference - All applicants are considered without regard to age, sex, race, national origin, religion, marital status, or physical disability. However, preference may be extended to persons of Indian descent in occordance with Public Law 88-355, Section 703 (702-71) and public law 93-638, Section 78. THE HUALAPAI TRIBE IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM Auxiliary aids and services available upon request to individuals with disabilities

Hualapai Day Care • PY20 Media Release for Non-Pricing Programs Submitted by: Chira Walema | Hualapai Day Care



Arizona Department of Education Child and Adult Care Food Program **PY20 Media Release for Non-Pricing Programs**

Sponsoring Organiz	ponsoring Organization's Name Hualapai Tribe- Day Care									
Street Address 475	Hualap	ai Dr.		7.05	Cit	Peach	Springs	Zip Co	ode <u>8643</u>	34
Contact Person Ch	ira Wale	ma	-562		Pho	ne Numbe	Springs - 928-76	9-1515		
Media Outlet(s) Cor	Contact Person Chira Walema Media Outlet(s) Contacted Gamyu- Newspaper								Х	
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Note: Emergency shi										
				<u>medla rele</u>	ase as a fro	e public se	rvice anno	uncement.		
_{Today} Hualapai	Tribe- D	ay Care	ann	ounced its s	ponsorship	of the U.S. D	epartment of	Agriculture	(USDA) Child	l and Adult
Care Food Program a	dministered l	y the Arizon	a Departme	nt of Educat	ion, Commi	inity Nutritio	n Programs.	Meals will be	e made avail	lable to
enrolled participants the amount of mone	at no separat	te charge wit	thout regard	to race, cold	or, national	origin, sex, a participants.	ge, or disabil The income-	ity. Houseno eligibility gu	idelines liste	ed below
are used to determin				January Incars	to cili bilea	perticipation	***************************************			
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	441	8i-Weekly	Free 2x Month	Monthly	Annually	Weekly	Bi-Weekly	2x Month	Monthly	Annually
Household Size	Weekly	\$625	\$677	\$1,354	516,237	\$445	\$889	\$963	\$1,926	\$23,107
2	\$313 423	846	916	1,832	21,983	602	1,204	1,304	2,607	31,284
3	534	1,607	1,156	2,311	27,729	759	1,518	1,645	3,289	39,461
4	644	1,288	1,395	2,790	33,475	917	1,833	1,985	3,970	47,638
5	755	1,509	1,635	3,269	39,221	1,074	2,147	2,326	4,652	55,815
6	865	1,730	1,874	3,748	44,967	1,231	2,462	2,667	5,333	63,992
7	976	1,951	2,114	4,227	50,713	1,388	2,776	3,008	6,015	72,169
8	1,086	2,172	2,353	4,705	56,459	1,546	3,091	3,348	6,696	80,346
For each additional family member add:	+111	+221	+240	+479	+5,746	+158	+315	+341	+682	+8,177
In accordance with Agencles, offices, a based on race, cold conducted or fund	and employee or, national o	s, and institu	utions partic	ipating in or	administer	ng USDA pro	grams are pi	rohibited fro	m discrimitos	iting
Persons with disab American Sign Lan hearing or have sp may be made avai	guage, etc.), : eech disabilit lable in langu	should conta les may cont ages other ti	ict the Ageni tact USDA th han English.	cy (State or I rough the F	ocal) where ederal Relay	they applied Service at (d for benefits 800) 877-833	. Individuals 9. Additiona	who are dea lly, program	af, hard of Information
To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint-filing-cust.html , and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690- 7442; or email: program.intake@usda.gov .										
This institution is a	an equal oppo	ortunity prov	ider.							
Meals will be pro			below:							
Site Name: Hual	apai Day	Care			Site N	lame:	(c)			
Site Address: 475					Site A	ddress:				
City, Zip Code: PE			4		City,	Zip Code:				
Phone Number: 9	28-769-1	515	7		Phon	e Number:				

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Hualapai Department of Education and Training • Friday School KUSD Tutoring Dates Submitted by: Nikki Raymond | Hualapai Department of Education & Training

SY 2019-2020 — Friday School KUSD Tutoring Dates

Friday, September 6, 2019 Friday, September 20, 2019

END OF 1ST QUARTER 9/26/19

Monday, September 30, 2019 - Thursday, October 3, 2019 *FALL INTERSESSION @ PEACH SPRINGS*

Friday, November 1, 2019 Friday, November 15, 2019 Friday, December 6, 2019

END OF 2ND QUARTER 12/19/2019

Friday, January 24, 2020 Friday, February 7, 2020 Friday, February 21, 2020

END OF 3RD QUARTER 3/3/2020

Monday, March 9, 2019 - Thursday, March 12, 2020 *SPRING INTERSESSION *

> Friday, March 27, 2020 Friday, April 17, 2020 Friday, May 1, 2020 Friday, May 15, 2020

END OF 4TH OUARTER 5/21/2020

Hualapai Head Start • Peach Radio and Gamyu Announcements

Submitted by: April Keller | Hualapai Head Start



HUALAPAI HEAD START

September 12, 2019 Peach Radio and Gamyu Announcements



Gamyu from Hualapai Head Start

- Head Start pre-school is fully enrolled and classes have begun.
- Vision and Hearing screenings have been completed and a letter will be coming home
 if your child is required for further testing. Check your mailbox.
- Dental screenings were the week of September 16th.
- Daily Attendance and being on time to school is critical to your child's success in school. Here are a few tips to ensure your child is getting that Head Start in preschool.
 - Having a regular bed time every night by 7:30 p.m. Children need 11-13 hours of sleep daily. Preschoolers who do not take naps definitely need 11-13 hours.
 - Give a warm bath.
 - Read a book at bedtime to create a calming mood.
 - Lightly rub your child's back and head to help them relax and fall asleep.
 - Play smoothing music lightly
- Being on time allows for your child to meet and greet the other children and learn a routine.
- Children who are consistently late begin to feel left out because others are making friends.
- WATCH FOR information on Bus Transportation. Information will come by a Flyer, One-Call, and on Facebook. Make sure to friend Hualapai Head Start.
- Please ask for assistance any time from all of us in the front office. We are here to help you and your family.

Hankyu Have a safe weekend.

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Hualapai Head Start • PY20 Media Release for Non-Pricing Programs Submitted by: Munetta Torrez | Hualapai Head Start



Arizona Department of Education Child and Adult Care Food Program **PY20 Media Release for Non-Pricing Programs**

onsoring Organiza eet Address <u>479</u>					City	, Peach S	prings	Zin Cı	ode 8643	4
					CI(928-769	Zip Ci -2522		
ontact Person April Keller					Pho	ne Numbe	720-703			
edia Outlet(s) Con	tacted Ga	myu			Dat	e 09-06-2	2019			
Multi-Site S	iponsors: Co	mplete one i	form and att	ach a list of	the names, a	addresses, a	nd contact n	umbers for a	II operating	sites.
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_{oday} Hualapai He								Agriculture	(LIEDA) CHIL	tand Adul
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			Free					Reduced-Price		
Household Size	Weekly	Bl-Weekly	2x Month	Monthly	Annually	Weekly	Bi-Weekly	2x Month	Monthly	Annually
1	\$313	\$625	\$677	\$1,354	\$16,237	\$445	\$889	\$963	\$1,926	\$23,107
2	423	846	916	1,832	21,983	602	1,204	1,304	2,607	31,284
3	534	1,607	1,156	2,311	27,729	759 917	1,518	1,645	3,289 3,970	39,461 47,638
5	755	1,288	1,395 1,635	2,790 3,269	33,475 39,221	1,074	2,147	2,326	4,652	55,815
6	865	1,730	1,874	3,748	44,967	1,231	2,462	2,667	5,333	63,992
7	976	1,951	2,114	4,227	50,713	1,388	2,776	3,008	6,015	72,169
8	1,086	2,172	2,353	4,705	56,459	1,546	3,091	3,348	6,696	80,346
For each additional family member add:	+111	+221	+240	+479	+5,746	+158	+315	+341	+682	+8,177
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letter to USDA by: r Washington, D.C. 2							Civil Rights,	1400 Indepe	naence Aver	iue, SW,
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Meals will be provi			below:							
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City, Zip Code: Peach Springs , Arizona 86434				City, Z	City, Zip Code:					
7										

Hualapai Head Start • Cycle Week 4: Menu

Submitted by: Pearl Sullivan | Hualapai Head Start

HUALAPAI TRIBE Head Start CYCLE WEEK 4 MENU

Enter Date: September 23-26



	MONDAY 9-23	TUESDAY 9-24	WEDNESDAY 9-25	THURSDAY 9-26	FRIDAY
BREAKFAST Grain/Bread Fruit/Veggie Milk	Chex cereal Peaches 1%Milk	Toast WG Baked egg cup Spinach Cheese 1%Milk	Pancake Banana Turkey sausage CN 1%Milk	English Muffin WW Turkey bacon CN Boiled egg 1%Milk	NO SCHOOL
	Chicken Strips HM	Sloppy Joes HM	Bean and cheese burrito HM	Meatballs and Rice	
LUNCH Grain/Bread Meat/Meat Alt. Fruit/Veggie #1 Fruit/Veggie #2 Milk	WW roll Chicken breast breaded,baked Mash potatoes Citrus glazed carrots Ketchup/bbq 1%milk	Bun Ground beef HM sauce CA vegetables Potato smiles 1%Milk	WG tortilla Black beans Spanish rice Cheese Broccoli Corn on the cob 1%Milk	Brown rice WG Ground beef Sweet potatoes Mixed berries 1%Milk	NO SCHOOL
SNACK 2 Components	Cheese snack Pears	Fruit s'more Tangerine Yogurt WG graham cracker	Gold fish 1%Milk	Banana, Yogurt, granola	NO SCHOOL

Water Served and Available/All juices served are 100% fruit juice.

Menu Prepared by Nutrition Coordinator.

Menu Reviewed/Approved by I.H.S. RD

Menu items are subject to change.

This institution is an equal opportunity provider and employer.

1% Milk served with Breakfast and Lunch

Frozen mixed vegetables: Carrots, Corn, Peas, Green Beans and Baby Lima Beans

Stir fry blend: SGR PEAS, CARROTS, BROC, WTR CHESTNUTS, RED PEPPER

California Blend vegetable:squash,zucchini,carrots

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Hualapai Head Start • September Newsletter

Submitted by: Pearl Sullivan | Hualapai Head Start



479 HUALAPAI WAY- PEACH SPRINGS. AZ 86434 928) 769-2522





WELCOME TO THE SY 2019-2020!

Welcome new students and parents/guardians! And welcome back to our returning students and parents/guardians! We're excited to continue the school year with teaching our students the learning tools they'll need for the future and also beginning our new Hualapai Cultural Language Program in each Classroom!

Here are some upcoming screenings to put on your calendar:

Hearing Screening: September 9 & 10, 2019





Dental Screening: September 16-19, 2019

Vision Screening: October 8, 2019

Please make sure your child is in attendance and on time.

CALLING ALL PARENTS!

Parent Committee Meeting

September 24,2019-5:00pm

Day Care & Snacks Provided

We look forward to all parents and guardians to come in and volunteer and be a part of our children's education and future!

Valentine Elementary School • September Calendar Submitted by: Paula Blout | Valentine Elementary School

			Submitted by. I dulu Di	lout Valentine Element	ary school	
	SATURDAY	7	Hug Your Hound Day	21 National Clean Up Day	National Good Neighbor Day	Valentine Elementary School 12491 N. Byers St • Truxton, AZ 86434 928-769-2310 • (f) 928-769-2389 www.valentineaz.net
	FRIDAY	6 Read a Book Day	13	20	27 Native American Day	Valentine Elementary School 12491 N. Byers St • Truxton, AZ 86434 (v) 928-769-2310 • (f) 928-769-2389 www.valentineaz.net
610	THURSDAY	Ly.	12 Fair Field Trip Noon Release Family Conferences	International Talk Like a Pirate Day AZ HEALTH ZONE	26	1
September 2019	WEDNESDAY	4 Box	11 Progress Reports Patriot Day	18	25	Upcoming: 10/7 – Picture Day!
Sej	TUESDAY	£.	School Board Meeting 4:30 PM	17	24 Moppets creator Jim Henson born (1936-1990)	
	MONDAY	2 Labor Day (No School)	6	16 Play-Dob introduced (1956)	23 First Day of Fall	30 Hoover Dam dedicated (1935)
	SUNDAY	1	8 National Grandparents Day	51	22 Hobbit Day	29

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Gathering of Native Americans • Facilitator Qualifications

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

G.O.N.A. Facilitator Qualifications

Do you want to facilitate a GONA gathering in your community? There are no set criteria on who can and who can't. But, the curriculum writers recognize that the GONA is most effective when it is presented by people committed in their communities and willing to "walk their talk" for sobriety and wellness.

Do you "walk the talk" as a community facilitator for wellness?

- You are Native American;
- You have a significant experience facilitating healing, wellness and alcohol or substance abuse prevention with Indian people;
- You are recognized by Indian people as credible and reliable, a community organizer;
- ❖ You have excellent intertribal group facilitation skills;
- You are a "team player";
- You understand the process of addiction, prevention, and recovery;
- You are skilled in diplomacy and conflict resolution, particularly in intertribal, multi-racial and cross cultural dynamic issues;
- You demonstrate your own ongoing sobriety and wellness program;
- You have experience conducting community action planning;
- ❖ You behave in an ethical and moral manner when facilitating groups or working with individuals;
- You are comfortable with who you are, and work well with other cultures and beliefs;
- You are committed to working "with" people and not dictating outcome.

YOU ARE A ROLE MODEL IN YOUR COMMUNITY...WHETHER YOU KNOW IT OR NOT!

Gathering of Native Americans: Training of Facilitators • October 22nd - 24th
Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

Gathering of Native Americans (GONA)

Training of Facilitators
October 22-24, 2019
South Point Resort Casino
Las Vegas, Nevada

About the Training

The Gathering of Native Americans (GONA) curriculum was developed between 1990 and 1994 and has stood the test of time as an effective healing and planning model for tribal communities addressing impacts of historical and intergenerational trauma. Impacts include substance abuse, suicide, meth and other drug use, violence, poverty and more. This training will teach people how to facilitate a GONA for your tribe or agency.

Participants will go through the four foundational phases of the GONA - belonging, mastery, interdependence and generosity. A handout packet will be distributed to each participant that can be duplicated for GONA's that will be implemented

Training Topics

- GONA History and Purpose
- Group Norms
- Creating a Sense of Team
- Importance of Creation Stories
- Focusing on Strengths and Traditional Values
- Historical and Inter-generational Trauma
- Historical Wisdom

- Healing and Wellness
- Health Community Resources, Vision and Needs
- Action Planning
- How to Organize and Implement a GONA
- Facilitation Skill Development

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Who Should Attend

Youth and adults working in the health, social service, youth, recreation, justice, elder and other program serving community members who want to learn how to facilitate healing through the GONA, Gathering of Native Americans.



www.NativeWellness.com

Meet the Trainers



Theda New Breast, M.P.H., Montana Blackfeet

Theda is a founding board member and master trainer/facilitator for the Native Wellness Institute (NWI). She is one of the pioneers in the Native training field and an original committee member for the Men's and Women's Wellness gatherings. Theda has been a leading authority on Indigenous Cultural Resilience Internationally and has worked with over 500 Tribes in 34 years on Proactive Healing from Historical Trauma, Post Traumatic Growth, Mental Health Healing, and Sobriety/Recovery/Adult Child of Alcoholic (ACOA). She is the cofounder and co-writer of the GONA (Gathering of Native Americans) curriculum, one of the Ten Effective Practices and Models in Communities of Color. Theda has facilitated over 600 GONA's. She lives on the Blackfeet

Reservation in Northern Montana and is a Khan-nat-tso-miitah (Crazy Dog) Society member, herbalist, Sun dancer, Pipe Carrier, and lives as Niitsitapi, like all her Ancestors for thousands of years. In 2013, The Red Nations Film Festival Honored Theda with a Humanitarian Award for her lifetime of healing work with tribes and with a Red Nations statuette for her documentary short called, "Why The Women in My Family Don't Drink Whiskey." The Blackfeet Tribal Council has recognized her Leadership skills and appointed her unanimously to The Board of Trustees for Blackfeet Community College for years 2014-2017.



Marcus Red Thunder, Cree

Marcus was raised on northern Cheyenne reservation in Montana and is a trainer and consultant with the Native Wellness Institute. He has over 20 years of experience in Native wellness with special emphasis on men's, women's, and youth leadership, experiential education and training with culture coordinators in therapeutic group home settings, cultural competency training, and healthy relationships training. Marcus is active in cultural, ceremonial and social activities and is a powwow announcer. He is the father of three sons and lives in Billings Montana.

Cancelation Policy

Registrants who are unable to attend may send a replacement participant at no additional charge. Please provide us with the name of the replacement before the training. If a participant is unable to attend and no cancellation is made prior to the training or replacement is made, the FULL amount of registration will be charged as a no-show fee.

Hotel Information Book Room South Point Hotel, Casino & Spa 9777 Las Vegas Blvd. South Las Vegas, NV 89183 Phone: 702-797-8194

Fax: 702-797-8905

Email: reservations@southpointcasino.com

www.southpointcasino.com

Room Rates

Monday, Tuesday, Wednesday - \$80

Thursday - \$9

GROUP CODE: NAT1020

The discounted room rate is \$80.00(Monday - Wednesday) and \$95.00 (Thursday) per night plus 13% tax. Mention the Native Wellness Institute to receive the discounted rate.

The cutoff date to make room reservations is September 29, 2019. After this date room reservations will be accepted based on availability, and the discounted rate can not be guaranteed.

The South Point Hotel Casino is located in the heart of the premiere southwest Las Vegas valley, just minutes away from the famous Las Vegas Strip. Some of the many amenities include a 16-screen Century Theatre movie complex, 64-lane bowling center and a handful of restaurants that cater to all appetites and tastes. This distinctive hotel features spacious rooms and suites with 42-inch LED televisions, Point Plush mattresses and Wireless Fidelity throughout. A unique feature to this property is its Equestrian Center, which is the finest horse facility in the country. South Point also has a fabulous 400-seat showroom that features headliner entertainment and dancing to live bands on weekends.

Gathering of Native Americans (GONA) Training of Facilitators - October 22 - 24, 2019 - Las Vegas, NV Last Name: First Name: City: Address: State: Zip: Job Title: Employer: Phone: Fax: Email: Tribal Affiliation: \$495 Registration Fee: Includes training sessions, wellness activities, and training materials. Purchase orders accepted. Please visit our website to register and pay online. Please register me for the Gathering of Native Americans (GONA) Training of Facilitators: Enclosed is a check, money order or purchase order for \$495. Please bill me (fill out billing information below) Name: Email Address: State: Zip: **Billing Address:** City: I will pay \$495 by Visa or Mastercard (circle one) If paying by credit card, please fill out the following information: Phone: Name: **Billing Address:** City: State: Zip: **Expiration: Credit Card Number:** Security Code: Signature: Email: Please mail payments to:

3 Easy Ways to Register:

ys to Register: Native Wellness Institute
fax PO Box 833

By fax PO Box 833 Hoodsport, WA 98548

Bv mail

Online at www.NativeWellness.com

If registering by fax, please include copy of check or purchase order.

For more information:

Shannon Kissinger

Project Director

Call or Text: 503-457-6520 info@nativewellness.com

Cancellation / No-show Policy:

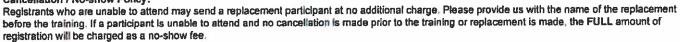


Photo and Video

By registering I grant to the Native Wellness Institute, its representatives and employees the right to take photographs and/or video of me and my property in connection with the above-identified subject. I authorize the Native Wellness Institute, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that the Native Wellness Institute may use such image(s) of me with or without my name and for any lawful purpose, including for example such purposes as publicity, Illustration, advertising, and web content.



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Gathering of Native Americans • Philosophical Overview Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

Philosophical Overview of G.O.N.A.

The Gathering of Native Americans (G.O.N.A.) curriculum is based on the following philosophical assumptions about healing and Native communities

CAPACITY building is important for Indian people who intend to become change agents, community developers, witnesses and leaders.

COMMUNITY healing is prevention.

HEALTHY TRADITIONS are prevention. We will provide a framework for healthy traditions, spirituality, ritual and ceremony, which is fundamental to effective alcohol and substance abuse prevention.

HOLISTIC approach to wellness, interconnectedness, and interdependence shows that the "systems approach" is traditionally ingrained in Native American belief systems.

HISTORY matters. We must present a correct history of the important role American Indians play in American history, culture, and government and examine the historical trauma that impacts our struggle for wellness today.

GRASSROOTS involvement is the key to prevention. We must insure a balance of "roots and suits", The top/down paradigm must shift to bottom/up paradigm for community empowerment. The message needs to come from the community, "everyone is of value in the community healing process". Everyone has a purpose.

EMPOWER individuals to understand the importance of their role in the holistic universe.

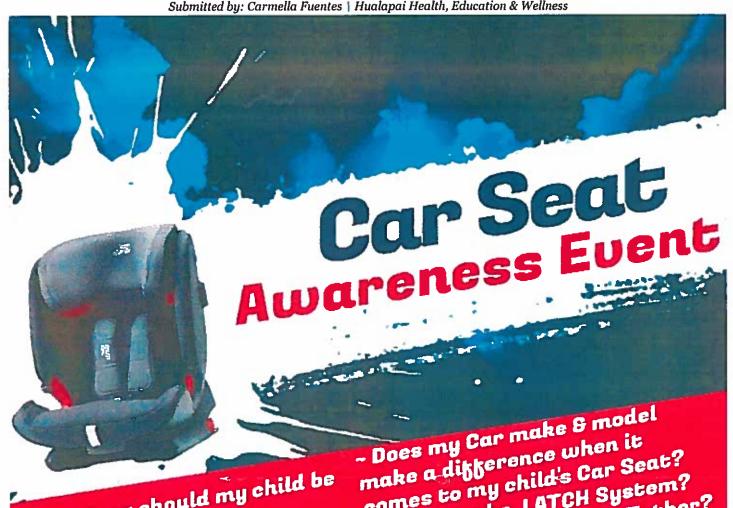
HONOR, respect, and incorporate ceremonies, rituals, and spiritual teachings of the people, "honoring the purpose of life".

EFFECTIVE prevention provides means for feelings to translate to actions or different behaviors (corrective emotional experience).

SAFETY. We will create a safe place, safe forum, and format for communities to share, heal and dialogue.

PAGE 32 **GAMYU**

Car Seat Awareness Event • Wednesday, October 16th Submitted by: Carmella Fuentes | Hualapai Health, Education & Wellness



- How long should my child be sitting rear-facing? - When does my child transition to a Booster? – What should I look for when deciding on a Car Seat?

comes to my child's Car Seat? - What is the LATCH System? - When do I use the Top Tether?

- When do I use the Lower

Anchors?

Please join the Community Health Representatives and Home Visitation Team for an evening of education and information on Car Seat usuage, installation, resources, and so much more. Dinner will be provided.

Wednesday, Oct 16th @ 5:30 PM | Health Dept. Lg. Conf. Room

"Cruise Safely"

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Celebrate Recovery • Mondays at 6:00PM Submitted by: Keely Sage | Celebrate Recovery

Celebrate Recovery NATIVE NATIONS

ROAD TO RECOVERY

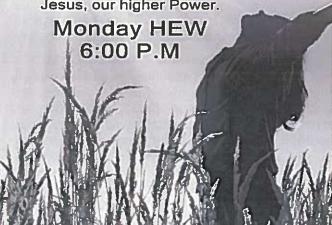
It's not only about addictions. It's about life's Healing Choices.

Restoring Relationships with family and friends.

Releasing Co-dependency

Resolving Anger Behavior

Recovering your walk with Jesus, our higher Power.



Lunch & Learn • Tuesday, October 1st
Submitted by: Trena Bizardi | Hualapai Health Department



Sept. 10- Get Support

Sept. 17-Eat Well Away from Home

Oct. 1- Stay Motivated to Prevent T2

Oct. 8- When Weight Loss Stalls

12-1pm HEW Large Conference Room

LEARN HOW TO

EVERY TUESDAY

Questions Call EW4H 769-1630/2644

National Recovery Month • September

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

About Recovery Month

Get general information about National Recovery Month, held every September to increase awareness and celebrate successes of those in recovery.

National Recovery Month (Recovery Month), sponsored by the Substance Abuse and Mental Health



JOIN THE VOICES FOR RECOVERY: TOGETHER WE ARE STRONGER

recoverymonth.gov



Services Administration (SAMHSA), is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. This observance celebrates the millions of Americans who are in recovery from mental and substance use disorders, reminding us that treatment is effective and that people can and do recover. It also serves to help reduce the stigma and misconceptions that cloud public understanding of mental and substance use disorders, potentially discouraging others from seeking help.

Now in its 30th year, *Recovery Month* celebrates the gains made by those in recovery, just as we celebrate improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease.

Recovery Month works to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

As part of the 30th anniversary, *Recovery Month* is introducing a new logo that signifies the true meaning and values of the *Recovery Month* observance. The new *Recovery Month* logo features an "r" symbol; rep-

PAGE 34 GAMYU

resenting *r* is for Recovery and the need to support the millions of individuals who are proudly living their lives in recovery, as well as their family members and loved ones.

Each September, tens of thousands of prevention, treatment, and recovery programs and facilities around the country celebrate *Recovery Month*. They speak about the gains made by those in recovery and share their success stories with their neighbors, friends, and colleagues. In doing so, everyone helps to increase awareness and furthers a greater understanding about the diseases of mental and substance use disorders.

Recovery Month also highlights the achievements of individuals who have reclaimed their lives in long-term recovery and honors the treatment and recovery service providers who make recovery possible. **Recovery Month** also promotes the message that recovery in all of its forms is possible and encourages citizens to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need.

Each year, **Recovery Month** selects a new focus and theme to spread the message and share the successes of treatment and recovery. The 2019 **Recovery Month** observance will focus on community members, first responders, the healthcare community, and youth and emerging leaders highlighting the various entities that support recovery within our society.

The 2019 **Recovery Month** theme, "Join the Voices for Recovery: Together We Are Stronger," emphasizes the need to share resources and build networks across the country to support recovery. It reminds us that mental and substance use disorders affect us all, and that we are all part of the solution. The observance will highlight inspiring stories to help thousands of people from all walks of life find the path to hope, health, and personal growth. Learn more about this year's and past year themes.

SAMHSA creates a *Recovery Month* toolkit to help individuals and organizations plan events and activities to increase awareness about mental and substance use disorders, treatment and recovery. The kit provides media outreach templates, tips for event planning and community outreach, audience-specific information and data on behavioral health conditions, and resources for prevention, treatment, and recovery support services. These resources help local communities reach out and encourage individuals in need of services, and their friends and families, to seek treatment and recovery services and information. Materials include SAMHSA's National Helpline 1-800-662 HELP (4357) for 24-hour, free, and confidential information and treatment referral as well as other SAMHSA resources for locating services.

Additional *Recovery Month* resources are available on the *Recovery Month* website. Resources include logos, *r is for Recovery* symbol, banners, posters, and customizable flyers, posters, T-shirt designs, and one-pager, television and radio public service announcements, an event calendar to post and share your *Recovery Month* events or locate events in your community and social media outreach through Facebook, Twitter, and YouTube. *Note some materials are available in English and Spanish*.

History

Over the years, **Recovery Month** has inspired millions of people to raise awareness about mental and substance use disorders, share their stories of recovery, and encourage others who are still in need of services and support.

Recovery Month began in 1989 as Treatment Works! Month, which honored the work of substance use treatment professionals in the field. The observance evolved into **National Alcohol and Drug Addiction Recovery Month** (**Recovery Month**) in 1998, when it expanded to include celebrating the accomplishment of individuals in recovery from substance use disorders. The observance evolved once again in 2011 to **National Recovery Month** (**Recovery Month**) to include mental illness.

Support Organizations

Currently, more than 200 federal, state, and local government entities, as well as nonprofit organizations and associations affiliated with prevention, treatment, and recovery of mental and substance use disorders, comprise the *Recovery Month* Planning Partners. The Planning Partners collaborate and assist SAMHSA in the development, dissemination, and promotion of materials as well as independently hosting *Recovery Month* events and activities in their local communities.

Review the **Recovery Month**: 20 Years of Excellence and Achievement Timeline – 2009, https://recoverymonth.gov/sites/default/files/20-years-of-excellence-2009-timeline.pdf, which showcases the many strides the treatment and recovery field has made and details the campaign's success and evolution of Treatment Works! to **National Recovery Month**.

Last Updated: 08/21/2019

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Teen "Young Women" Support Group • Wednesdays at 5:30PM
Submitted by: Tasha Nez | Hualapai Human Services

Teen "Young Women" Support Group

13 to 17 years old

Come show your support for each other, learn how to bead, sew, and most of all support 1 another through the tough times. Lets help each other, We are the future.

Please come and join us.

Where: Hualapai Social Services

When: every Wednesday

Time: 5:30 pm to 6:30 pm

Hosted by: Juliana Nez, Just another Hualapai Teen Sponsored by: Hualapai Social Services



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Women's Support Group • NOW Tuesday's and Thursday's at 5:30PM
Submitted by: Tasha Nez | Hualapai Human Services

UPDATED FLYER Sept. 3, 2019

Hey Gorgeous, Let's Celebrate!

Women's Support Group!

NOW...

Every <u>Tuesdays</u> & Thursdays

5:30 PM---6:30 PM

Readh Springs, AZ 86484

Domes a Violence Prevention Initiative 928,769,2269

Tasha Nez, DVPI Advocate Knesha Madrid, DVPI Manager

Closed on federal holidays and administrative leave days determined by Tribal Administration.

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Hualapai Health, Education & Wellness • Community Self Help Meetings
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Community Self Help Meetings

**Updated September 10, 2019

Monday	Time	Location
Recovery	6:00 - 7:00 PM	HEW *Small Conf. Room
Suicide Prevention Workshop	5:30 - 7:00 PM	HEW *Lg. Conf. Room
Tuesday	Time	Location
Wellbriety	CANCELLED	Will resume Oct. 22
Women's Support Group	5:30 - 6:30 PM	Human Services
Wednesday	Time	Location
Talking Circle	9:00 - 11:00 AM	Old Clinic
Parenting	12:00 - 1:30 PM	HEW
AA	2:00 - 4:00 PM	Old Clinic
Thursday	Time	Location
Wellbriety	CANCELLED	Will resume Oct. 22
Women's Support Group	5:30 - 6:30 PM	Human Services
Friday	Time	Location
Youth Council	1:00 – 5:00 PM	HEW *Lg. Conf. Room
AA	1:00 - 2:00 PM	Old Clinic







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COMMUNITY MESSAGES

In Loving Memory of Malinda M. Powskey and Poem
Submitted by: Jessica Powskey

In Loving Memory of

Malinda M. Powskey August 25, 1940 - August 27, 2019

It's been a rough couple of weeks—and all I can say is I miss her.

All too sudden she left us—it's going to take some time to feel ok again. Everyday is a void where she sat, when we laugh, when we talk—that voice is no longer there.

I moved in with Dinah and Malinda over a year ago—to help care for her—to be there when she was alone at times, I didn't know it then—that this would be the last year I'd have her. Thinking back, I assumed she would be around just a little bit longer.

Thank you and blessings to all of you who attended her services—it means so much that you took time out of your own busy life to grieve for a moment with us; the family. Thank you to those who traveled from out of town for a few hours - that means a lot.

Thank you to everyone who donated food, water, flowers and more, thank you to all who helped take care of the food, the building, the set up, the cleaning... its work—volunteering to just do what needed to be done did not go unnoticed... your respect is greatly appreciated.

To the Hualapai Tribe—Han kyu nya nyum nya niya ba mi wiwok nya jida damad jym. To Public Workers—your skills bring peace knowing that it was 100 degrees out and you didn't complain or act up—mi sev ji hyu—han kyu.

To the Hualapai Latter Day Saints, thank you for the ceremony and the beautiful songs... There is so much to be thankful for and yet I seem to forget the smallest details—In my heart I am truly grateful for the prayers and sympathy that everyone gave—Han kyu—



Jessica

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There are Angels God puts on this Earth

Who care for us and guide us, You can feel their love and gentleness As they walk through life beside us.

They do great things for us every day
They whisper in our ears,
They even hold us in their hearts
When we are filled with all our fears.

They are always there to give a hug And try to make us smile. They treat us with respect and love, They treat us like their child.

God blessed me with an Angel,
I'm proud to call my own.
She's been with me throughout my life,
been with me as I've grown.

She guided me the best she can, She's taught me like no other, And I'm thankful I'm the lucky one Who get to call her... Mother. In Loving Memory of Malinda M. Powskey 1940-2019

Thank you to all who attended her services and donated. Family of Malinda Powskey

Gratitude

by: Lorena Bender

9/13/2019

Gamyu!

I want to take a moment to express my gratitude to the Hualapai Tribe for helping my family and I during our time of need. I appreciate your contribution in forms of purchasing, preparing, cooking and serving food for the 10th Annual Emmett Bender Memorial (Jibay gi swadja div ak) held in August 2019. You truly blessed my heart and I am very thankful for your support.

Lorena Bender Hualapai Elder

thank you!

A Tribute to Malinda Powskey

Submitted by: Peter Bungart | Hualapai Department of Cultural Resources

A Tribute to Malinda Powskey



We recently saw the passing of one of our "Living Treasures," Malinda Powskey. I knew Malinda for nearly 20 years, not nearly as long as her many family and friends, but long enough to know that she was a very special and kind person. As I attended her services at the Multi, I reflected on some of the experiences I had with her, especially field trips to places that she knew about, and the knowledge that she shared. And that is one of the things that made Malinda such a special person—that she was so willing to share her knowledge, especially among the youth. Occasionally I hear people say that knowledge should not be shared, that it will be stolen or that it will be misused. Certainly in years past that did occur, and there is always a chance that it might again. But considering all that she left us, her legacy that will live on and continue to educate Hualapai youth for years to come, we might ask: Was that wrong? Of course it wasn't, and we are all better off because of her.

Thank you so much, Malinda, for all that you shared, and thank you to all the elders, living and gone home, for your spirit of giving.

Inspiration and Encouragement Corner Submitted by: Josie Powsey

7 Days of Inspiration

- Day 1 You are a blessing and a gift.
- Day 2 There's always a path forward.
- Day 3 You do so much more good, than you realize
- Day 4 Happiness is something you've hard wired for. GO FOR IT!
- Day 5 A difference maker that's what you are!
- Day 6 Someone is so grateful for you.
- Day 7 Everyday comes with so many choices.

 Make some great ones!

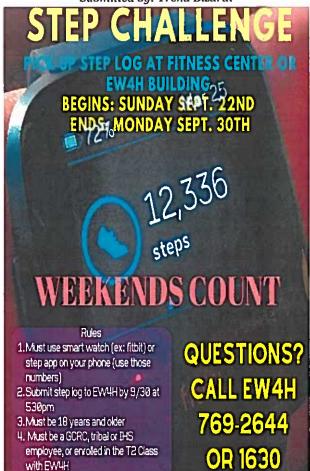
A Moment For You!

You matter so much to so many! Always remember that you're someone to turn to and someone to lean on. Someone who lifts spirits and someone who nurtures dreams. Someone who is a voice of reason and an inspiration, and always a bright and guiding light!!!

Think on these words, people! You are someone very special to someone! Don't let this person down! Amen!! Have a good day!

Steps Challenge

Submitted by: Trena Bizardi



Hualapai Days: Community Dinner • Thursday, Sept. 26th
Submitted by: Danielle Bravo | Hualapai Planning Department

